



# Safeguarding Newsletter – Online Safety

Cyber bullying is any form of bullying which takes place online or through smartphones and tablets—adults and children can be victims of this form of bullying so we have to be vigilant. The impact of this bullying can be wide reaching from feeling frightened and intimidated, being the victim of fake gossip or rumours, having photos or videos posted about you, being on the receiving end of language that causes offense, an argument, threatening behaviour etc.

People with malicious intent can use the internet for grooming of young and vulnerable people, fraud, stalking, exclusion, blackmail etc. The internet and social media can be fun and can bring many educational and personal benefits but adult and child alike we must protect ourselves from misuse.

## Age Restrictions for Social Media Platforms

What is the minimum age for account holders on these social media sites and apps?



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## The 'Add Everyone' WhatsApp

Group:

The INEQE Safeguarding group have issued an alert regarding a WhatsApp group known as 'Add Everyone.'

Find out more here: [Safeguarding Alert: The 'Add Everyone' Explicit WhatsApp Group - Ineqe Safeguarding Group](#)



1. Tell your child to only add real friends
2. Use privacy settings
3. Add your child in family centre
4. Talk to your child about image sharing and being careful about what they share
5. Make sure your child knows how to use reporting and blocking functions

[Snapchat-Parent-Factsheet-Feb-2025.pdf](#)



# Cyber Security Training for parents/carers – Thursday the 3<sup>rd</sup> of April 2025 (17:00-18:00)

- This session will be delivered by Nottinghamshire Police Cyber Protect & Prevent Officers.
- This session is for all parents/carers that are living with or supporting children who are using devices (phones, tablets, or computers).
- The aim of this private session will be to educate parents/carers on best practice when it comes to basic online security and keeping those accounts private.
- Kirsty will also talk about the Cyber Choices programme, which was created to help people, particularly children to make informed choices and to use their cyber skills in a legal way.

This session is FREE to attend, it will take place online via Microsoft Teams.

Please register for the parent/carer event here:

<https://events.teams.microsoft.com/event/22a8630e-f418-4358-9898-619e0be1ac8b@6e5a37bb-a961-4e4f-baae-2798a2245f30>



